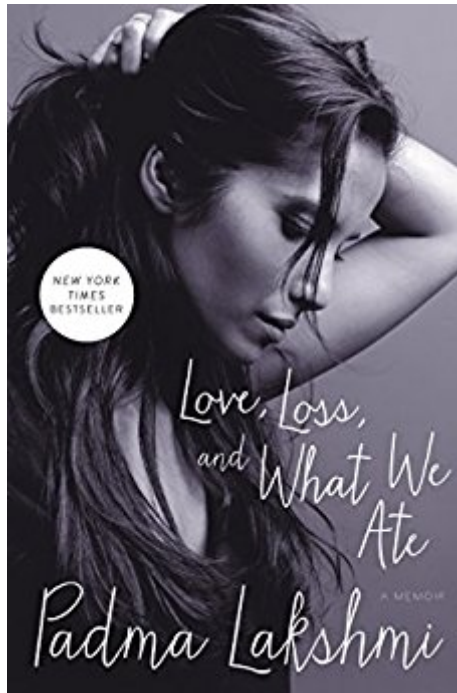




**Ebook Directory**  
the best source of ebook

**The book was found**

# **Love, Loss, And What We Ate: A Memoir**



## Synopsis

A vivid memoir of food and family, survival and triumph, *Love, Loss, and What We Ate* traces the arc of Padma Lakshmi's unlikely path from an immigrant childhood to a complicated life in front of the camera—a tantalizing blend of Ruth Reichl's *Tender at the Bone* and Nora Ephron's *Heartburn*. Long before Padma Lakshmi ever stepped onto a television set, she learned that how we eat is an extension of how we love, how we comfort, how we forge a sense of home—and how we taste the world as we navigate our way through it. Shuttling between continents as a child, she lived a life of dislocation that would become habit as an adult, never quite at home in the world. And yet, through all her travels, her favorite food remained the simple rice she first ate sitting on the cool floor of her grandmother's kitchen in South India. Poignant and surprising, *Love, Loss, and What We Ate* is Lakshmi's extraordinary account of her journey from that humble kitchen, ruled by ferocious and unforgettable women, to the judges' table of *Top Chef* and beyond. It chronicles the fierce devotion of the remarkable people who shaped her along the way, from her headstrong mother who flouted conservative Indian convention to make a life in New York, to her Brahmin grandfather—a brilliant engineer with an irrepressible sweet tooth—to the man seemingly wrong for her in every way who proved to be her truest ally. A memoir rich with sensual prose and punctuated with evocative recipes, it is alive with the scents, tastes, and textures of a life that spans complex geographies both internal and external. *Love, Loss, and What We Ate* is an intimate and unexpected story of food and family—both the ones we are born to and the ones we create—and their enduring legacies.

## Book Information

File Size: 1635 KB

Print Length: 341 pages

Publisher: Ecco (March 8, 2016)

Publication Date: March 8, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B00BATIKO8

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #6,062 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #6 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Gastronomy > Essays #7 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Women's Health #8 in Kindle Store > Whispersync for Voice > Cookbooks, Food & Wine

## Customer Reviews

Imagine sitting with a new dear friend, sharing a meal and childhood stories, sometimes laughing, sometimes crying, asking "then what", and leaving mesmerized and amazed at the resilience a soul can possess. That is this memoir. I've watched Top Chef for ten (!) years, and have always been impressed with Padma's grace and poise, even while eating something less than appetizing (hunk of fat, anyone?). Beyond being beautiful, Padma guides the chefs and the show through each season with humor and a gentle touch. I decided to read "Love, Loss, and What We Ate" partly because of the title, and partly because of the revelation that she'd been molested as a child. As a survivor, I was dying to know how she came out on the other side. I got so much more. There is an immediacy and intimacy to this book, that feels like she is just sitting at my table, having a cup of tea, which I think is really remarkable for anyone sharing their story.

From India, to the US, to Europe, back to the US, modeling, writing cookbooks, hosting a reality TV show, running a jewelry and spice business, having a baby, fighting male and health issues, Padma's story is unfailingly interesting, Well worth the time to read, and the recipes sound as spicy as her life.

I did not expect much from this book but I had watched Top Chef for years, knew who Ms Lakshmi was and the price was right. So imagine my surprise to find that this is a beautifully well-written, honest, extremely interesting account of her life thus far. Very well done!

The book was somehow "all over" and at many times it seemed like the author was full of herself. Quick read though.

Well written, engaging, and often surprising. Padma reveals a depth of character and keen intellect that impresses. I especially like that she is attached to her roots and highly ambitious. A life as a

"swan" would never have satisfied this writer, performer, and social activist. My daughter-in-law is currently engrossed in the book and liking it as much as I did.

Well\_told and engaging, this is a modern story. I laughed. I cried. I learned more about Indian culture, feminism and cooking. Highly recommend it.

I primarily read fiction but Padma's memoir is excellent. Somewhere near the halfway point I was less inclined to put it down and attend to other things. It was that same draw a great mystery has where you need to know what happened next.

Loved the journey and the flavors described along the way.

[Download to continue reading...](#)

Hair Loss: Hair Loss Solutions for Beginners - Hair Loss Basic Guide - Hair Loss Cure (Hair Loss Protocol - Hair Loss Black Book - Hair Loss for Dummies 1) Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) Love, Loss, and What We Ate: A Memoir Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help) Weight Loss: Lose Weight and Body Fat: 3 Simple and Easy Methods to Improve: Health, Fitness and Nutrition (Weight Loss Strategies, Proven Weight Loss, ... Habits, Belly Fat, Weight Loss Tips) ATKINS DIET: Weight Loss Secrets and a Quick Start Guide For a New and Permanent You: Rapid Weight Loss Guide For Beginners, Rapid Weight Loss Guide, Atkins Rapid Weight Loss Hair Loss Cure: Everything You Need to Know About Hair Loss, Hair Loss Prevention, Hair Re-growth and Hair Loss Treatments (Hairloss treatment) Hair Loss Solutions for Men: How to Cheat Hair Loss for Life (Hair Loss Solutions: How to Cheat Hair Loss for Life Book 1) The Dog Who Ate the Truffle: A Memoir of Stories and Recipes from Umbria [Hardcover] The Dog Who Ate the Truffle: A Memoir of Stories and Recipes from Umbria Weight Loss: Weight Loss Instant Pot eBook, Eat What You Love But Do It Smarter! Simple Recipes To Follow Weight Loss Smarts Points Aloha: Love, Suite Love/Fixed by Love/Game of Love/It All Adds Up to Love (Inspirational Romance Collection) Hair Loss: How it Happens and How to Fix It (Hair Loss, beauty and fashion, hair, loss, aging parents, hair growth, healthy hair) Intermittent Fasting: 6 Intermittent Fasting Methods For Weight Loss, To Burn Fat, Build Muscle and Loose Weight By Eating Naturally. An Intermittent Fasting ... Loss, Intermittent Fasting For Weight Loss) The Instinctive Weight Loss System - New,

Groundbreaking Weight Loss Product- 7 CD's, Over 7 hours of Hypnosis for Weight Loss and Mind Reconditioning Sold in Over 40 Countries Worldwide Train Your Brain for Weight Loss - 2 Self Hypnosis CD's for Weight Loss Empowerment and Exercise Motivation (Train Your Brain for Weight Loss, 1) Hair Loss Explained - Natural Solutions for Hair Loss and Premature Balding: (Natural Hair Care, Hair Loss, Scalp Treatments, Balding, Cure, Going Bald, Remedies) Hair Loss: 5 Easy Steps To Stop and Prevent Hair Loss (hair loss, hair care, bald, beauty care, personal hygiene, natural health remedies, personal health care) 100 Tips For Hair Loss: How to Deal With Hair Loss and Assist Your Hair Growth (hair loss, hair growth, alopecia, grow hair, baldness, balding) Ultimate Weight Loss Smart Points Beginner's Guide: Everything You Need to Know for Rapid & Sustainable Weight Loss (Includes 50 Weight Loss Tips, 30 Day Meal Plan, and Recipes)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)